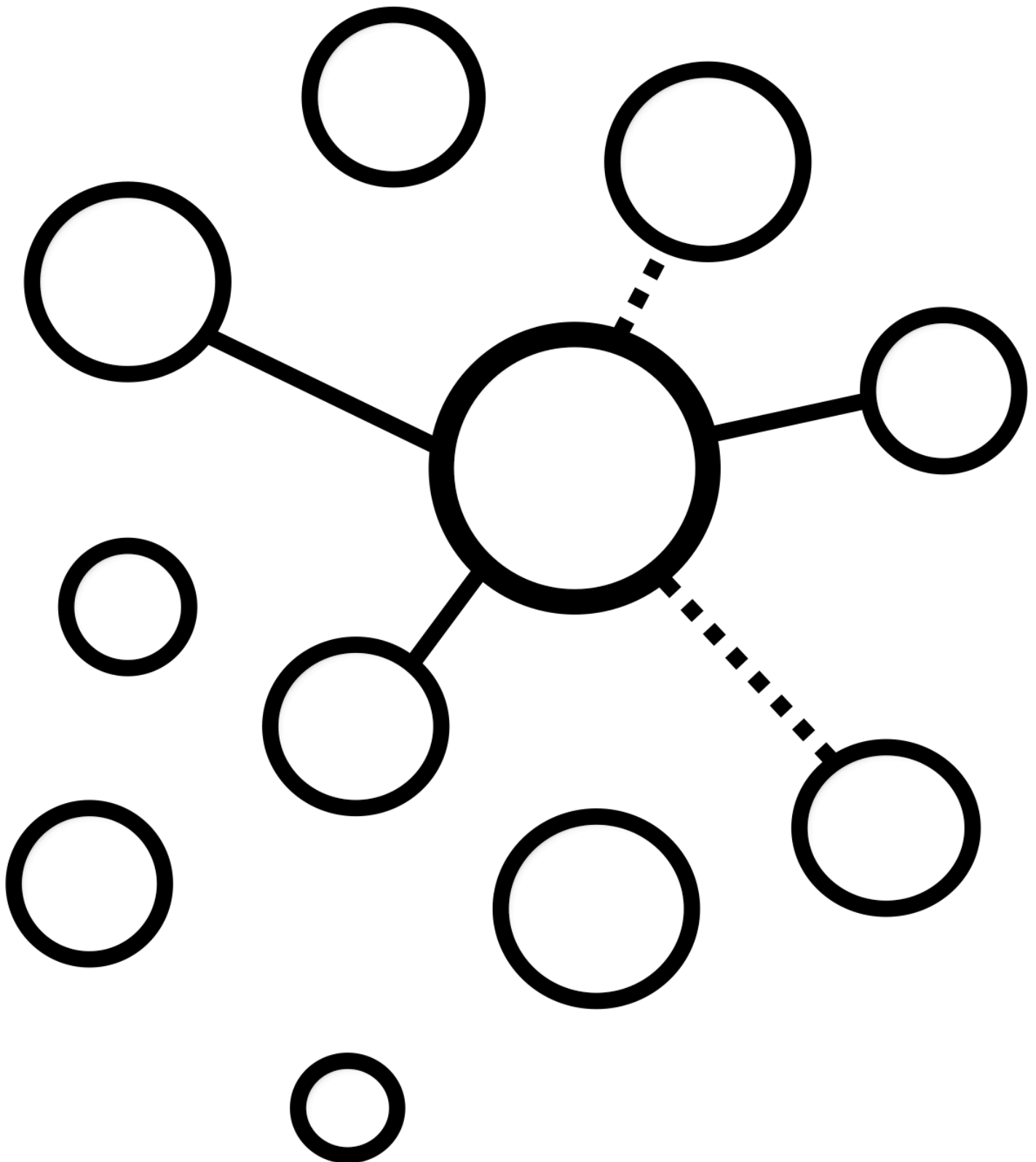


Connect with me:

Early Communicator Profile, 2018



Name of child

--

Age when profile started

Date of birth

Day and date of my next birthday

--	--	--

School/Nursery/Care setting

Class/Group

--	--

This information has been compiled by (name and role/relationship to the child)

--

In consultation with (other adults involved)

--

Date profiling started

Reason for profiling

--	--

Date profiling finished

Reason for finishing

--	--

Finished profiles – how will the information gathered in this profile be usefully shared to help inform this child's ongoing care or education?

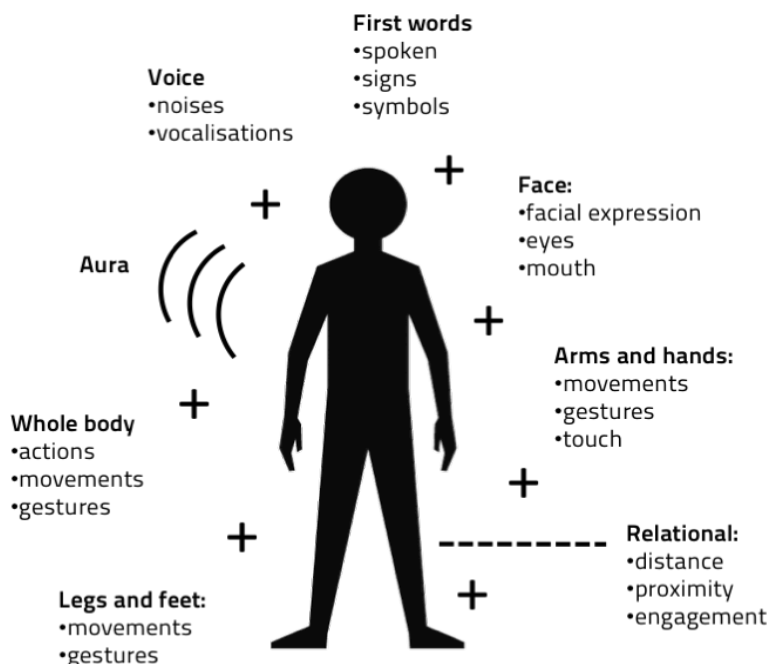
--

Methods used to compile this profile (please tick whenever a method is used)

Direct observation of responses: everyday activities	
Direct observation of responses: planned activities	
Recall of past responses	
Verbal reports from school/nursery staff	
Verbal reports from family members	
Parent/Carer Postcard information	
Other sources of information (please state)	

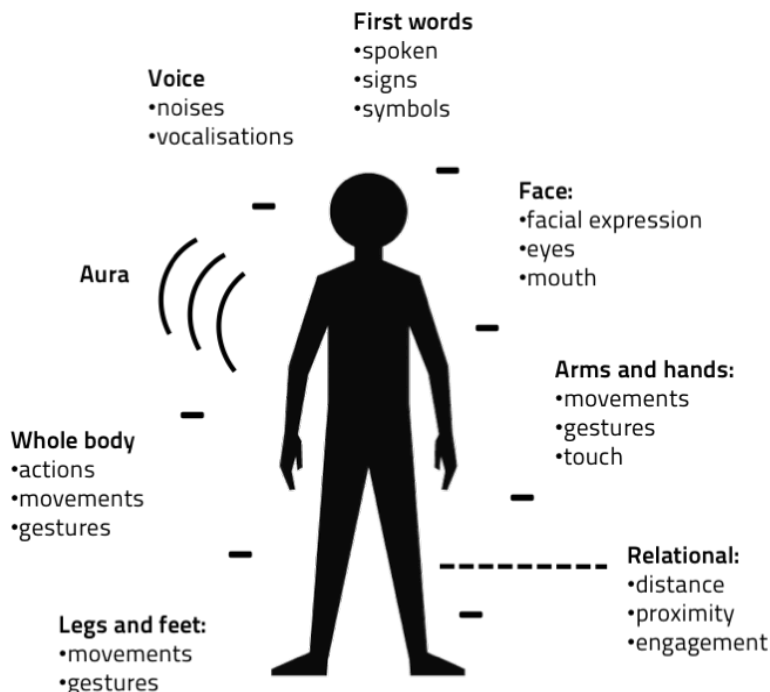
Noticing and 'tuning in' to my likes and dislikes

Showing my likes: use this space to help you consider how I show positive feelings towards someone or something



Consider how I signal different types of positive feelings (e.g., happy, calm, relaxed, safe, interested, curious, excited...) It may help to photocopy and enlarge this sheet if there's a particular emotion you'd like to explore further and make notes about

Showing my dislikes: use this space to help you consider how I show negative feelings towards someone or something



Consider how I signal different types of negative feelings (e.g., sad, upset, fear, anger, frustration, boredom, disgust, distress...) It may help to photocopy and enlarge this sheet if there's a particular emotion you'd like to explore further and make notes about

Why is this information useful?

- This page prompts you to think in a general sense about my emotional communication.
- It encourages you to 'tune in' to the kinds of signals I use to show I like or don't like something.
- When you notice these behaviours, you will be able to respond to me in ways that let me know you understand.
- This will help us to emotionally 'connect' and will help us to build a positive relationship.



Try to identify at least 3 things for each category. Gather information from a range of sources

Toys, Objects, Gadgets and Games	
Eating and Drinking	
Sensory: Sounds, Music	
Sensory: Smells, Touch, Taste	
Sensory: Looking at, Watching	
Movement and Motion	
People	
Social Activities	
Animals and Pets	
TV, Movies, Books and Characters	
Clothes, Appearance and Personal Care	
School Tasks and Activities	
Home activities	
Trips and Transport	
Weather	
Other things	

Why is this information useful?

- *I like these things because they make me feel good in some way. Likes can be linked to feeling positive emotions.*
- *Knowing about my likes will help you to respond to me, plan for me and engage with me in ways that promote emotional learning, communication and wellbeing.*
- *For example, when I engage in preferred activities and display my positive feelings, you can help me to become aware of my feelings and guide me towards finding new ways of expressing them.*
- *If you also like doing some of the things on my list, maybe we can spend some time enjoying them together to help build our relationship. Or maybe you know other children or adults who would like to spend time doing some of these things with me too.*
- *There will be lots of clues on my list about 'strategies' that might work to help me cheer up, calm down, feel safe or distract me when I'm experiencing uncomfortable feelings.*
- *There will also be lots of ideas on my list about incentives you might use to entice me towards co-operating with your requests.*



I don't like...

Try to identify at least 3 things for each category. Gather information from a range of sources

Toys, Objects, Gadgets and Games	
Eating and Drinking	
Sensory: Sounds, Music	
Sensory: Smells, Touch, Taste	
Sensory: Looking at, Watching	
Movement and Motion	
People	
Social Activities	
Animals and Pets	
TV, Movies, Books and Characters	
Clothes, Appearance and Personal Care	
School Tasks and Activities	
Home activities	
Trips and Transport	
Weather	
Other things	





Why is this information useful?

- I don't like these things because they make me feel uncomfortable in some way. Dislikes can be linked to feeling negative emotions.
- Knowing about my dislikes will help you to respond to me, plan for me and engage with me in ways that promote emotional learning, communication and wellbeing.
- For example, when I have uncomfortable experiences and display my negative feelings, you can help me to become aware of my feelings and guide me towards finding new ways of expressing them.
- Knowing my dislikes will also mean you will be able to anticipate my negative responses towards an event or situation so you can make changes to the environment or make changes to your plans so that I don't need to have the experience.
- Or, if an event or situation is unavoidable, knowing about it and anticipating it in advance will mean that you can have a support strategy in place to make the experience easier for me, or a regulation strategy at the ready to alleviate my uncomfortable feelings. My list of likes can help you to identify regulation strategies.

+++ Triggers +++ Positive Emotions +++ Behaviours +++

Consider my list of likes. Sort into triggers for positive emotions.

How do you recognise positive emotions in my behaviour?

Some of my triggers for feeling happy	Happy 	The signals or behaviours I use to show I'm feeling happy.
Some of my triggers for feeling calm / safe / relaxed	Calm / Safe/ Relaxed 	The signals or behaviours I use to show I'm feeling calm / safe / relaxed
Some of my triggers for feeling interested / curious	Interested/ Curious 	The signals or behaviours I use to show I'm feeling interested / curious
Some of my triggers for feeling excited	Excited 	The signals or behaviours I use to show I'm feeling excited
Some of my triggers for this emotion	Other positive emotion	The signals or behaviours I use to show I'm feeling this emotion






Why is this information useful?

- This page helps you to consider which positive emotions I experience and the different things that trigger them.
- Observing and recording behaviours that signal my emotions helps you identify the extent of my emotional experiences.
- Identifying the triggers for my positive emotions offers the same benefits for supporting emotional learning, communication and wellbeing listed on my page of likes.

- - - Triggers - - - Negative Emotions - - - Behaviours - - -

Consider my list of dislikes. Sort into triggers for negative emotions.

How do you recognise positive emotions in my behaviour?

Some of my triggers for feeling sad / upset	Sad / Upset 	The signals or behaviours I use to show I'm feeling sad / upset
Some of my triggers for feeling frightened / scared	Frightened / Scared 	The signals or behaviours I use to show I'm feeling frightened / scared
Some of my triggers for feeling angry / frustrated	Angry / Frustrated 	The signals or behaviours I use to show I'm feeling angry / frustrated
Some of my triggers for feeling bored	Bored 	The signals or behaviours I use to show I'm feeling bored
Some of my triggers for feeling 'yuk' / disgust	Yuk/Disgust 	The signals or behaviours I use to show I'm feeling 'yuk' disgust.
Some of my 'triggers' for this emotion	Other negative emotion	The signals or behaviours I use to show I'm feeling this emotion

Why is this information useful?

- This page helps you to consider which negative emotions I experience and the different things that trigger them.
- Observing and recording behaviours that signal emotions helps you identify the extent of my emotional experiences.
- Identifying the triggers for my negative emotions offers the same benefits for supporting emotional learning, communication and wellbeing already outlined underneath my list of dislikes.



People I know...

Use this page to help identify who is important and significant to me. Gather information from a variety of sources

At school / nursery	
Teachers	
Support Staff	
Other Adults	
Friends	
Other Children	
Visitors	
In my family/at home	
Parents	
Brothers and Sisters	
Carers	
Grandparents	
Aunties and Uncles	
Cousins	
Friends	
Neighbours	
Respite	
Visitors	
In my community	
At Clubs/Activities	
At the Shops	
Medical People	
Religious People	
Police	
Transport People	
Other People	
People I used to know	
People who have died	

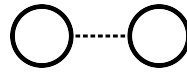
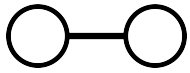
Why is this information useful?

- Finding out about the different people in my life will help you get to know me better, and it will create an opportunity for you to get to know the other important adults in my life.
- There will be people on this list who can provide you with lots of useful information for moving forward with work around emotional learning, communication and wellbeing. Often these people will be very interested in getting involved in or hearing all about this work.
- Remember, the more joined up my social network is, the better it is for my emotional learning, communication and wellbeing.



My relationships...

Use the spaces below to record anything noteworthy about my relationships with different people – eg. my favourite people, new people, close relationships, difficult relationships, unusual relationships, long distance relationships etc.



Additional notes about my relationships

Why is this information useful?

- This page will help you to find out and think about the different types of relationships I have with some of the people in my life. This will allow you to take my social world into account when you are engaging with me and planning for emotional learning, communication and wellbeing.
- Information gathering about the extent and different types of relationships I have with others will also give you an impression of my relational health. Positive relational health is an important vehicle for emotional learning, communication and wellbeing.

Notes

Notes



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