







Track your CPD journey and help us to evaluate the EW Foundations Programme

Please score yourself on Statements 1-4 below at the different stages of engaging with and delivering the 'EW Foundations' programme. Make a note of the date you complete each rating, and if completing retrospectively, please add a rough date for when your rating refers to.

 Onboarding Stage – before making a start on the training or delivering the EW Foundations programme	Date
 Bronze Complete – after engaging with the bronze level training & delivering the starter activities	Date
 Silver Complete – after engaging with the silver level training & delivering silver level learning activities	Date
 Gold Complete – after engaging with the bronze level – introductory training & starter activities	Date

1. I feel comfortable in my role as an emotion 'coach' or 'guide' to support and promote emotional learning and development with the children I work with.

- - - Lowest score	0	1	2	3	4	5	6	7	8	9	10	+ + + Highest score
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	

2. I feel well-informed and knowledgeable about how to facilitate the development of emotional language, understanding and competence in young children.

- - - Lowest score	0	1	2	3	4	5	6	7	8	9	10	+ + + Highest score
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	

3. I feel well-resourced with materials and practice ideas to plan and deliver learning experiences that support the development of emotional language, understanding and competence in young children.

- - - Lowest score	0	1	2	3	4	5	6	7	8	9	10	+ + + Highest score
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	

4. My overall confidence and competence score as an Early Learning Practitioner for delivering positive and impactful learning experiences for emotional learning, communication and wellbeing.

- - - Lowest score	0	1	2	3	4	5	6	7	8	9	10	+ + + Highest score
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	
	0	1	2	3	4	5	6	7	8	9	10	

Additional questions and tasks to complete to help track & evaluate your Practitioner Journey



Onboarding Stage –

before making a start on the training or delivering the EW Foundations programme

Date completed

Make a note of at least 3 personal (CPD) goals for yourself relating to Emotion Works training and delivery of the EW Foundations Programme

- Goal 1:
- Goal 2:
- Goal 3:
- Extra Goals:

What other benefits are you hoping to see as a result of using the EW Foundations Programme on:

- The children you work with
- Parents & Families
- Working with colleagues
- Your setting generally

Are you planning to work through the Early Learning Setting Award programme?

- Yes, alongside my personal development journey
- Yes, but not until I know more about it
- No
- Not applicable

Additional questions and tasks to complete to help track & evaluate your Practitioner Journey



Bronze Complete –

after engaging with the bronze level training & delivering the starter activities

Date

Reflect on the personal development goals you identified for yourself at the **Onboarding** stage. Evaluate your progress, making a note of anything that has been particularly helpful or challenging in working towards each goal.

- **Goal 1 reflection:**
- **Goal 2 reflection:**
- **Goal 3 reflection:**
- **Extra Goals reflection:**

Now that you have completed your Bronze Level practitioner journey, consider which of your original personal development goals are still applicable, need rewording or if you have new goals you'd like to add in to create an updated set of CPD goals for moving forward with the EW Foundations Programme.

- **Goal 1:**
- **Goal 2:**
- **Goal 3:**
- **Extra Goals:**

Make a note of any positive impacts you've observed or witnessed since starting your EW Foundations practitioner journey on:

- **The children you work with**
- **Parents & Families**
- **Working with colleagues**
- **Your setting generally**

Additional questions and tasks to complete to help track & evaluate your Practitioner Journey



Silver Complete –
after engaging with the silver level training & delivering silver level learning activities

Date

Reflect on the personal development goals you identified for yourself at the **Bronze Complete** stage. Evaluate your progress, making a note of anything that has been particularly helpful or challenging in working towards each goal.

- **Goal 1 reflection:**
- **Goal 2 reflection:**
- **Goal 3 reflection:**
- **Extra Goals reflection:**

Now that you have completed your **Silver Level** practitioner journey, consider which of your original personal development goals are still applicable, need rewording or if you have new goals you'd like to add in to create an updated set of CPD goals for moving forward with the EW Foundations Programme.

- **Goal 1:**
- **Goal 2:**
- **Goal 3:**
- **Extra Goals:**

Make a note of any positive impacts you've observed or witnessed since working through the Silver stage of the EW Foundations programme on:

- **The children you work with**
- **Parents & Families**
- **Working with colleagues**
- **Your setting generally**

Additional questions and tasks to complete to help track & evaluate your Practitioner Journey



Gold Complete –

after engaging with the bronze level – introductory training & starter activities

Date

Reflect on the personal development goals you identified for yourself at the **Silver Complete** stage. Evaluate your progress, making a note of anything that has been particularly helpful or challenging in working towards each goal.

- **Goal 1 reflection:**

- **Goal 2 reflection:**

- **Goal 3 reflection:**

- **Extra Goals reflection:**

Now that you have completed your **Gold Level** practitioner journey, please tell us in your own words how the **EW Foundations Programme** has helped you as an **Early Learning Practitioner**.

Make a note of any **positive impacts** you've observed or witnessed since working through the **Gold** stage of the **EW Foundations programme** on:

- **The children you work with**

- **Parents & Families**

- **Working with colleagues**

- **Your setting generally**