

ASSESSING TEACHING COMPETENCIES FOR BUILDING EMOTIONAL LITERACY & SUPPORTING PUPILS' MENTAL HEALTH & EMOTIONAL WELLBEING

TEACHERS: Please complete **BEFORE** using or getting started with the training & teaching material provided with the Emotion Works programme

Knowledge and information

- Please rate how **knowledgeable** and **informed** you have felt to date about teaching emotional literacy and supporting pupils' emotional wellbeing

| | | | | | | | | |
|---------------------------------|---|---|---|---|---|---|---|---------------------------|
| not at all knowledgeable | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very knowledgeable |
| not at all informed | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very well-informed |

Planning and Preparation -

- Please rate how **confident** and **competent** you feel about planning emotional literacy activities, and how well **resourced** you are with teaching materials and ideas

| | | | | | | | | |
|-----------------------------|---|---|---|---|---|---|---|----------------------------|
| not at all confident | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very confident |
| not at all competent | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very competent |
| not at all resourced | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very well-resourced |

Teaching and Lesson Delivery -

- Please rate how **confident** and **competent** you have felt to date about actually teaching emotional literacy and supporting emotional wellbeing

| | | | | | | | | |
|-----------------------------|---|---|---|---|---|---|---|-----------------------|
| not at all confident | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very confident |
| not at all competent | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very competent |

- Please rate how **familiar** and **skilled** you have felt to date about using strategies and approaches for teaching emotional literacy and supporting emotional wellbeing

| | | | | | | | | |
|----------------------------|---|---|---|---|---|---|---|----------------------|
| not at all familiar | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very familiar |
| not at all skilled | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very skilled |

Whole School collegiate approach

- Please rate how **involved**, **collaborative** and **creative** you have felt to date contributing towards a whole school approach to emotional literacy and wellbeing

| | | | | | | | | |
|---------------------------------|---|---|---|---|---|---|---|---------------------------|
| not at all involved | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very involved |
| not at all collaborative | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very collaborative |
| not at all creative | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very creative |

Please use this space to comment on what you are personally hoping to gain from taking part in Emotion Works training and using the programme

Your comments here



ASSESSING TEACHING COMPETENCIES FOR BUILDING EMOTIONAL LITERACY & SUPPORTING PUPILS' MENTAL HEALTH & EMOTIONAL WELLBEING

TEACHERS: Please complete after engaging with and delivering the Emotion Works **BRONZE** Introductory training & teaching material & identified in the Bronze Teachers Checklist

Knowledge and information

- Please rate how **knowledgeable** and **informed** you now feel about teaching emotional literacy and supporting pupils' emotional wellbeing

| | | | | | | | | |
|---------------------------------|---|---|---|---|---|---|---|---------------------------|
| not at all knowledgeable | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very knowledgeable |
| not at all informed | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very well-informed |

Planning and Preparation -

- Please rate how **confident** and **competent** you feel about planning emotional literacy activities, and how well **resourced** you are with teaching materials and ideas

| | | | | | | | | |
|-----------------------------|---|---|---|---|---|---|---|----------------------------|
| not at all confident | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very confident |
| not at all competent | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very competent |
| not at all resourced | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very well-resourced |

Teaching and Lesson Delivery -

- Please rate how **confident** and **competent** you now feel about actually teaching emotional literacy and supporting emotional wellbeing

| | | | | | | | | |
|-----------------------------|---|---|---|---|---|---|---|-----------------------|
| not at all confident | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very confident |
| not at all competent | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very competent |

- Please rate how **familiar** and **skilled** you now feel about using strategies and approaches for teaching emotional literacy and supporting emotional wellbeing

| | | | | | | | | |
|----------------------------|---|---|---|---|---|---|---|----------------------|
| not at all familiar | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very familiar |
| not at all skilled | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very skilled |

Whole School collegiate approach

- Please rate how **involved**, **collaborative** and **creative** you now feel about contributing towards a whole school approach to emotional literacy and wellbeing

| | | | | | | | | |
|---------------------------------|---|---|---|---|---|---|---|---------------------------|
| not at all involved | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very involved |
| not at all collaborative | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very collaborative |
| not at all creative | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very creative |

Please use this space to comment on what you have personally gained from taking part in Emotion Works training and delivering the programme in terms of your own CPD

Your comments here



ASSESSING TEACHING COMPETENCIES FOR BUILDING EMOTIONAL LITERACY & SUPPORTING PUPILS' MENTAL HEALTH & EMOTIONAL WELLBEING

TEACHERS: Please complete after engaging with and delivering the Emotion Works **SILVER** training & teaching material & identified in the Silver Teachers Checklist

Knowledge and information

- Please rate how **knowledgeable** and **informed** you now feel about teaching emotional literacy and supporting pupils' emotional wellbeing

| | | | | | | | | |
|---------------------------------|---|---|---|---|---|---|---|---------------------------|
| not at all knowledgeable | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very knowledgeable |
| not at all informed | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very well-informed |

Planning and Preparation -

- Please rate how **confident** and **competent** you feel about planning emotional literacy activities, and how well **resourced** you are with teaching materials and ideas

| | | | | | | | | |
|-----------------------------|---|---|---|---|---|---|---|----------------------------|
| not at all confident | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very confident |
| not at all competent | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very competent |
| not at all resourced | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very well-resourced |

Teaching and Lesson Delivery -

- Please rate how **confident** and **competent** you now feel about actually teaching emotional literacy and supporting emotional wellbeing

| | | | | | | | | |
|-----------------------------|---|---|---|---|---|---|---|-----------------------|
| not at all confident | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very confident |
| not at all competent | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very competent |

- Please rate how **familiar** and **skilled** you now feel about using strategies and approaches for teaching emotional literacy and supporting emotional wellbeing

| | | | | | | | | |
|----------------------------|---|---|---|---|---|---|---|----------------------|
| not at all familiar | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very familiar |
| not at all skilled | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very skilled |

Whole School collegiate approach

- Please rate how **involved**, **collaborative** and **creative** you now feel about contributing towards a whole school approach to emotional literacy and wellbeing

| | | | | | | | | |
|---------------------------------|---|---|---|---|---|---|---|---------------------------|
| not at all involved | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very involved |
| not at all collaborative | 1 | 2 | 3 | 4 | 5 | 6 | 7 | very collaborative |
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Your comments here