

Emotion Works Inservice Training – Session 1: What is Emotion Works?

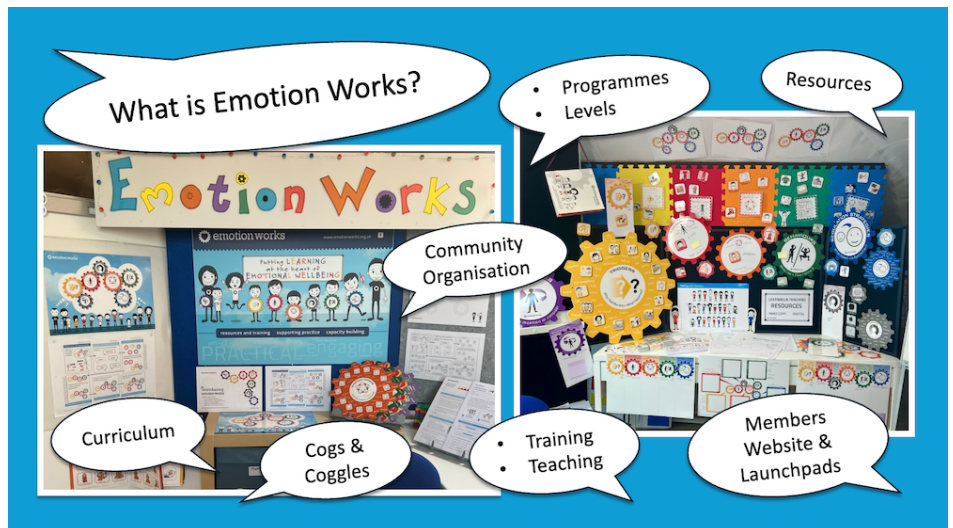
Claire Murray introduces Emotion Works as a Community organisation and Curriculum programme

00:00 Welcome & Introductions

01:36 The 2 crucial questions for EW Introductory Training...

- What is Emotion Works? (This session)
- How do I teach it? (This will be covered in the Primary & Early Learning Programme follow up sessions)

03:55 Coggles & a first look at the Emotion Cogs



06:35 Bringing some of our own emotional events & experiences to mind, and thinking about our children's feelings and emotions, and how we can use both real-life experiences and fictional characters, events & topics as opportunities for learning and teaching about emotion

09:00 Using the Cog Model as a curriculum to support our planning and teaching – a model to help us break down the big topic of emotion down into its component parts and teach children how 'Emotion Works'.

10:20 A personal anecdote of a happy moment demonstrating the unpacking of an emotion using the 'Cog Model'

16:25 Activity Pause – have a first try at using the dialogue tool to unpack a personal experience or recent emotional event or incident in school using the hard copy dialogue tool or print out

16:30 'What is the Component Model of Emotion' video animation – use your Cog Model training handout to colour and create your own

22:04 Background to the Emotion Works programme & curriculum development - informed by ...

- Theory & research around the development of emotional competence
- Feedback from hundreds of schools & teachers who have successfully implemented the programme with learners at different ages and stages
- ASN practice and consideration around progression, differentiation & inclusion built into the curriculum design

25:25 Staff Reference Resources

- Introducing Emotion Works Training Booklet including Cog Word Banks: "Emotional Literacy in 8 pages"
- Progression Summary & Progression Document & Guidance
Foundation Language → 5 Cog Model → 6 Cog Model → 7 Cog Model

32:50 Learning & teaching resource overview (Hard Copy & Digital) – a quick look

35:05 Introductory Training Session Summary

Follow-up Training: **How to get started Teaching Emotion Works**

→ you should now move on to the follow up session for either the **PRIMARY** or **EARLY LEARNING** Programme