

Assessing Teaching Competencies for Emotional Literacy and Supporting Pupils' Mental Health & Emotional Wellbeing

TEACHERS: Please complete **BEFORE** using or getting started with the training & teaching material provided with the Emotion Works programme

Knowledge and information

- Please rate how **knowledgeable** and **informed** you have felt to date about teaching emotional literacy and supporting pupils' emotional wellbeing

not at all knowledgeable	1	2	3	4	5	6	7	very knowledgeable
not at all informed	1	2	3	4	5	6	7	very well-informed

Planning and Preparation -

- Please rate how **confident** and **competent** you feel about planning emotional literacy activities, and how well **resourced** you are with teaching materials and ideas

not at all confident	1	2	3	4	5	6	7	very confident
not at all competent	1	2	3	4	5	6	7	very competent
not at all resourced	1	2	3	4	5	6	7	very well-resourced

Teaching and Lesson Delivery -

- Please rate how **confident** and **competent** you have felt to date about actually teaching emotional literacy and supporting emotional wellbeing

not at all confident	1	2	3	4	5	6	7	very confident
not at all competent	1	2	3	4	5	6	7	very competent

- Please rate how **familiar** and **skilled** you have felt to date about using strategies and approaches for teaching emotional literacy and supporting emotional wellbeing

not at all familiar	1	2	3	4	5	6	7	very familiar
not at all skilled	1	2	3	4	5	6	7	very skilled

Whole School collegiate approach

- Please rate how **involved**, **collaborative** and **creative** you have felt to date contributing towards a whole school approach to emotional literacy and wellbeing

not at all involved	1	2	3	4	5	6	7	very involved
not at all collaborative	1	2	3	4	5	6	7	very collaborative
not at all creative	1	2	3	4	5	6	7	very creative

Please use this space to comment on what you are personally hoping to gain from taking part in Emotion Works training and using the programme

Your comments here

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TEACHERS: Please complete **AFTER 3 MONTHS** of engaging with the training & teaching material provided with the Emotion Works programme

Knowledge and information

- Please rate how **knowledgeable** and **informed** you now feel about teaching emotional literacy and supporting pupils' emotional wellbeing

not at all knowledgeable	1	2	3	4	5	6	7	very knowledgeable
not at all informed	1	2	3	4	5	6	7	very well-informed

Planning and Preparation -

- Please rate how **confident** and **competent** you feel about planning emotional literacy activities, and how well **resourced** you are with teaching materials and ideas

not at all confident	1	2	3	4	5	6	7	very confident
not at all competent	1	2	3	4	5	6	7	very competent
not at all resourced	1	2	3	4	5	6	7	very well-resourced

Teaching and Lesson Delivery -

- Please rate how **confident** and **competent** you now feel about actually teaching emotional literacy and supporting emotional wellbeing

not at all confident	1	2	3	4	5	6	7	very confident
not at all competent	1	2	3	4	5	6	7	very competent

- Please rate how **familiar** and **skilled** you now feel about using strategies and approaches for teaching emotional literacy and supporting emotional wellbeing

not at all familiar	1	2	3	4	5	6	7	very familiar
not at all skilled	1	2	3	4	5	6	7	very skilled

Whole School collegiate approach

- Please rate how **involved**, **collaborative** and **creative** you now feel about contributing towards a whole school approach to emotional literacy and wellbeing

not at all involved	1	2	3	4	5	6	7	very involved
not at all collaborative	1	2	3	4	5	6	7	very collaborative
not at all creative	1	2	3	4	5	6	7	very creative

Please use this space to comment on what you have personally gained from taking part in Emotion Works training and using the programme

Your comments here