

TEACHING SCHEDULE — nb. although outlined in 'weeks', you can work through the schedule at your own pace

BEFORE STARTING — Training & Preparation

- Staff new to Emotion Works - watch the 'Getting Started' Training Recording (2 hours)
 - Staff already familiar with EW - watch the 'Next Steps' Training Recording (2 hours)
- Then, teachers engage with (or re-familiarise themselves with) the 'Getting Started' Training and Teaching pages on the Emotion Works website

BLOCK 1: Introducing Emotion Works to Pupils

WEEK 1

Nb. feel free to take longer on this block if you or your group are new to Emotion Works

Live check-in about Block 1:
Monday
30th August
4:30pm

INTRODUCING EMOTION WORKS to Pupils (or a reminder for pupils who have learned about EW before)

Early Level (Nursery) — What are Emotions & Feelings?

Using the 'Emotion Characters Slideshow' & Classroom Poster

Early Level (Lower Primary) — 5 Emotion Cogs



Using the 'Introducing the 5-Cog Model Slideshow' & Classroom Poster

First Level (Middle Primary) — 6 Emotion Cogs



Using the 'Introducing the 6-Cog Model Slideshow' & Classroom Poster

Second Level (Upper Primary/S1,2) — 7 Emotion Cogs



Using the 'Introducing the 7-Cog Model Slideshow' & Classroom Poster

TRACKING PROGRESS NOTE - Pupil responses during first conversations about the Cogs during this Introductory Block can be recorded and kept on file to track depth of emotional understanding over time. You could also use our 'Timed Assessment' tool to check starter levels of understanding more formally.

BLOCK 2: 'Word Works' — identifying and expanding the vocabulary & language related to each of the cogs

WEEKS 2-3

Nb. feel free to take longer on this block if you or your group are new to Emotion Works

Live check-in about Block 2:
Monday 13th
September
4:30pm

word works

As you move on to take a closer look at each cog concept with pupils, we help you focus in on developing the vocabulary and language associated with each cog through our 'Word Works' activities and resources.

Early Level (Nursery) — What are Feelings & Emotions?

Words and Pictures that help us talk about our Feelings and Emotions (linked to the first 5 cogs)

Using the Feelings & Emotions slideshow, Classroom Poster, and foundation symbol resources

Early Level (Lower Primary) — 5 Emotion Cogs



The words and language we use to help us talk about the Emotion Works Cogs

Using the 5-Cog Model Slideshow, Classroom Poster, 5x Cog slideshows and resources

First Level (Middle Primary) — 6 Emotion Cogs



The words and language we use to help us talk about the Emotion Works Cogs

Using the 6-Cog Model Slideshow, Classroom Poster, 6x Cog slideshows and resources

Second Level (Upper Primary/S1,2) — 7 Emotion Cogs



The words and language we use to help us talk about the Emotion Works Cogs

Using the 7-Cog Model Slideshow, Classroom Poster, 7x Cog slideshows and resources

TRACKING PROGRESS NOTE - Pupil responses during first Word Works activities can be recorded and kept on file to track word knowledge improvements over time. You could also use our 'Quick Assessment' tool to check Emotion Word and Regulation Strategy knowledge more formally.

BLOCK 3: Exploring different types and categories of emotions using Emotion Works cogs and concepts

WEEKS 4-9

Nb. feel free to take longer on this block if you or your group are new to Emotion Works

Live check-ins about Block 3:
Mon 27th Sept,
11th & 25th Oct
4:30pm

In Block 3 we help you to develop and deepen your pupils emotional understanding by focusing on one emotion at a time. Using a piece of literature featuring the weekly emotion as a stimulus, we demonstrate how to share and explore emotional content with pupils using the cog framework.

We provide suggestions for literacy starters for each emotion category (including books, excerpts, poems, movie shorts, film clips, song lyrics etc.) and demonstrate how Emotion Works learning can take place across the different levels through a variety of talking, listening, reading, and writing activities.

The examples we share can then be integrated into your own practice, or you can use our suggestions as inspiration to apply the teaching ideas to your own choice of text or literacy stimulus.

WEEK 4



Nice Feelings, Positive Emotions: **Happy, Joyful & Excited** category

Using an emotion character slide, symbol & cog resources, and selected texts

WEEK 5



Not nice feelings, Negative Emotions: **Sad, Upset & Disappointed** category

Using an emotion character slide, symbol & cog resources, and selected texts

WEEK 6



Nice Feelings, Positive Emotions: **Calm, Relaxed & Peaceful** category

Using an emotion character slide, symbol & cog resources, and selected texts

WEEK 7



Not nice feelings, Negative Emotions: **Frightened, Scared & Worried** category

Using an emotion character slide, symbol & cog resources, and selected texts

WEEK 8



Not nice feelings, Negative Emotions: **Angry, Annoyed & Frustrated** category

Using an emotion character slide, symbol & cog resources, and selected texts

WEEK 9

Other feelings and emotions – suggestions will be provided, or choose your own

BLOCK 4: Applying Emotion Works learning to a Book or Film Study or other Literacy Stimulus

WEEKS 10-12

Nb. feel free to take longer on this block if you or your group are new to Emotion Works

Live check-ins about Block 4:
Mon 8th & 22nd
Nov 4:30pm

Book Study / Film Study / TV Series / Another literacy theme or topic

Block 4 of the Literacy Programme involves delivering a plan of Emotion Works lessons based around a class novel, author/book study, TV series/film study or another literacy theme or topic.

You can opt to make use of one of the Book or Film study plans we provide, or you can identify your own stimulus linked to a class topic or school context and develop your own plan.

If you would like to incorporate your literacy and Emotion Works planning into a broader learning theme, we also provide some examples showing how Emotion Works and Literacy can be incorporated IDL planning.

PLENARY

After completion

Live Plenary check-in & showcase discussion: Mon
6th Dec 4:30pm

Plan a Showcase of Work to celebrate your Emotion Works and Literacy learning

Showcase examples from across the Emotion Works community and new ideas for Literacy Programme celebrations will help you plan an end of programme event or presentation of work (such as a parent afternoon with class visits, a film compilation with contributions from different classes, a special assembly or other celebratory event for your school community etc.)